

CACOR cordially invites you to a Luncheon
Living the Limits to Growth: lessons from our ancestors on the commons
Heather Menzies

Wednesday 2016 March 9th, 12-2pm
Army Officers' Mess, 149 Somerset Street West, Ottawa

About the presentation:

Having written about the impasse of an over-extended global economy on a collision course with an over-heating planet but at an impasse herself on what could be done, Heather stepped outside the box of conventional thinking. She traced her ancestral roots to the Highlands of Scotland and a pre-modern commons where her forebears had lived in direct and even right relations with the land. Combining academic research with walking the land these people had farmed and the upland pastures where they tended their sheep, cows and goats, she imagined her way into their way of living "together as one" with the land, which is what the word "common" originally meant: setting stints, or limits, on how many sheep any one family could send to the pasture, on how often field strips should be left to life fallow.

Heather will recap the highlights of this journey through time, and end with some thoughts on what it might suggest for a revised edition of the Club of Rome classic, *Limits to Growth*.

About the speaker:

Heather Menzies is an award-winning, best-selling writer and the author of 10 books, including *No Time: Stress & the Crisis of Modern Life* and *Reclaiming the Commons for the Common Good*. She is also a gardener, a mother, a peace and social-justice activist and a member of the Order of Canada.

More information

<http://www.heathermenzies.ca>

Cost: \$25 general admission; \$20 for members, their spouses and student guests. The downstairs ante-room and dining area will be open at 11:30 a.m. for those who wish to meet and greet friends and colleagues prior to lunch.

Please confirm attendance by replying to this e-mail on or before Monday March 7th. Please remember that CACOR is responsible for payment of guests who have registered. If you register and need to change your commitment, please inform us as well before Monday March 7th. Thank you for your assistance in this matter. We unfortunately will follow up with an invoice for those who were not able to honour their commitment.

In order to accommodate all members, associates and guests please indicate your presence to this event as soon as possible. Please indicate as well your dietary needs: vegetarian, vegan or other.